



RUNFAST PROMOTIONS

Waiver and release

I acknowledge that participation in this program is strenuous and potentially hazardous. I should not run and participate in such a program unless I am physically able and properly trained. I assume all risks associated with running in such a program including, but not limited to injuries, falls, weather conditions and the hazards of running on roads and trails without traffic control. I certify that I am physically fit and have sufficiently trained for participation in this program and have not been advised otherwise by a qualified medical professional.

I hereby waive any and all claims or causes of action that I may now or in the future have against RunFast Promotions (the "Program"), or any person assisting or associated with the Program in any manner whatsoever, where such claim or cause of action has arisen or may arise in any manner whatsoever out of my participation in the Program. I hereby release the Program and all such persons from any claims, causes of action, or liabilities that have arisen or may arise out of my participation in the Program. By my signature below I acknowledge that I have read and understand this waiver and release.

I acknowledge that any medical attention that I (my son or daughter) may require is the injured party's responsibility and I waive and release the Program from any financial responsibility.

In consideration of acceptance of my application, I grant permission to the foregoing for use of any photographs, videos, recordings, or written statements associated with the Program for legitimate purposes. I agree to abide by the decisions and recommendations of the coaches of this Program relative to my ability and safety.

Name of Athlete _____ **Age** _____
Print

Date: _____

Athlete's Signature: _____

Parent or Guardian: _____
Signature required for athletes under 18 years of age